

Justmommies Cleaning Calendar



January 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 wipe down the kitchen cabinets and pantry	2 clean out your automobile	3 Today is a catch up day!
4 sweep door mats and front & rear entrance ways	5 wipe down all your kitchen chairs	6 Today is a catch up day!	7 wash all your throw rugs and bath mats	8 wipe down baseboards in living room/family room/den	9 Today is a catch up day!	10 clean your dishwasher
11 wipe down mini-blinds in your main living areas	12 Today is a catch up day!	13 clean your refrigerator and microwave	14 replace your air filters	15 Today is a catch up day!	16 wipe down the kitchen cabinets and pantry	17 clean out your automobile
18 Today is a catch up day!	19 wipe down all your kitchen chairs	20 vacuum the insides of your sofas and chairs	21 Today is a catch up day!	22 clean your oven	23 clean toaster, coffee maker, & kitchen appliances	24 Today is a catch up day!
25 wipe down baseboards in your kitchen and bathroom	26 dust all ceiling fans and light fixtures	27 Today is a catch up day!	28 clean your refrigerator and microwave	29 wash out your trash can	30 Today is a catch up day!	31 Today is a free day! Enjoy!

Weekly Cleaning Tasks

Monday: washing laundry and changing your bed linen and bathroom towels

Tuesday: vacuuming, dusting, and cleaning your bathroom

Wednesday: laundry, cleaning windows, and wiping down door knobs and light switches

Thursday: vacuuming and menu planning

Friday: laundry and mopping

January's Decluttering Challenge Checklist - Master Bedroom

- * Clean out dressers and closets. Get rid of outgrown and unused clothing.
- * Clean baseboards.
- * Wash window treatments.
- * Clean windows.
- * Flip mattresses.
- * Clean doors including door knobs, molding, and trim.
- * Spot clean walls of any marks, scuffs, or handprints.
- * Sweep ceilings for any dust or cobwebs.
- * Clean air vents.