

# Justmommies Cleaning Calendar



## October 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 wipe down the kitchen cabinets and pantry	2 clean out your automobile	3 Today is a catch up day!
4 sweep door mats and front & rear entrance ways	5 wipe down all your kitchen chairs	6 Today is a catch up day!	7 wash all your throw rugs and bath mats	8 wipe down baseboards in living room/family room/den	9 Today is a catch up day!	10 clean your dishwasher
11 wipe down mini-blinds in your main living areas	12 Today is a catch up day!	13 clean your refrigerator and microwave	14 replace your air filters	15 Today is a catch up day!	16 wipe down the kitchen cabinets and pantry	17 clean out your automobile
18 Today is a catch up day!	19 wipe down all your kitchen chairs	20 vacuum the insides of your sofas and chairs	21 Today is a catch up day!	22 clean your oven	23 clean toaster, coffee maker, & kitchen appliances	24 Today is a catch up day!
25 wipe down baseboards in your kitchen and bathroom	26 dust all ceiling fans and light fixtures	27 Today is a catch up day!	28 clean your refrigerator and microwave	29 wash out your trash can	30 Today is a catch up day!	31 Today is a free day! Enjoy!

### Weekly Cleaning Tasks

**Monday:** washing laundry and changing your bed linen and bathroom towels

**Tuesday:** vacuuming, dusting, and cleaning your bathroom

**Wednesday:** laundry, cleaning windows, and wiping down door knobs and light switches

**Thursday:** vacuuming and menu planning

**Friday:** laundry and mopping

### October's Decluttering Challenge Checklist - Kids' Bedrooms

- \* Clean out dressers and closets. Get rid of outgrown and unused clothing.
- \* Clean baseboards.
- \* Wash window treatments.
- \* Clean windows.
- \* Flip mattresses.
- \* Clean doors including door knobs, molding, and trim.
- \* Clean out toy box and get rid of any broken or unused toys.
- \* Spot clean walls of any marks, scuffs, or handprints.
- \* Sweep ceilings for any dust or cobwebs.
- \* Clean air vents.