

JustMommies Cleaning Calendar

September 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---------------------------------------|---|---|--|--|--|
| 30 Today is a catch up day! | | | | | | 1 wipe down the kitchen cabinets and pantry |
| 2 clean out your automobile | 3 Today is a catch up day! | 4 sweep door mats and front & rear entrance ways | 5 wipe down all your kitchen chairs | 6 Today is a catch up day! | 7 wash all your throw rugs and bath mats | 8 wipe down baseboards in living room/family room/den |
| 9 Today is a catch up day! | 10 clean your dishwasher | 11 wipe down mini-blinds in your main living areas | 12 Today is a catch up day! | 13 clean your refrigerator and microwave | 14 replace your air filters | 15 Today is a catch up day! |
| 16 wipe down the kitchen cabinets and pantry | 17 clean out your automobile | 18 Today is a catch up day! | 19 wipe down all your kitchen chairs | 20 vacuum the insides of your sofas and chairs | 21 Today is a catch up day! | 22 clean your oven |
| 23 clean toaster, coffee maker, & kitchen appliances | 24 Today is a catch up day! | 25 wipe down baseboards in your kitchen and bathroom | 26 dust all ceiling fans and light fixtures | 27 Today is a catch up day! | 28 clean your refrigerator and microwave | 29 wash out your trash can |

Weekly Cleaning Tasks

Monday: washing laundry and changing your bed linen and bathroom towels Tuesday: vacuuming, dusting, and cleaning your bathroom Wednesday: laundry, cleaning windows, and wiping down door knobs and light switches Thursday: watering plants, vacuuming and menu planning Friday: laundry and mopping

September's Decluttering Challenge Checklist - Master Bedroom

| * Clean out dressers and closets. Get rid of outgrown | 0 |
|---|---|
| and unused clothing. | trim. |
| * Clean baseboards. | * Spot clean walls of any marks, scuffs, or |
| * Wash window treatments. | handprints. |
| * Clean windows. | * Sweep ceilings for any dust or cobwebs. |
| * Flip mattresses. | * Clean air vents. |