



JustMommies Cleaning Calendar

July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 wipe down the kitchen cabinets and pantry	2 clean out your automobile	3 Today is a catch up day!	4 sweep door mats and front & rear entrance ways	5 wipe down all your kitchen chairs	6 Today is a catch up day!	7 wash all your throw rugs and bath mats
8 wipe down baseboards in living room/family room/den	9 Today is a catch up day!	10 clean your dishwasher	11 wipe down mini-blinds in your main living areas	12 Today is a catch up day!	13 clean your refrigerator and microwave	14 replace your air filters
15 Today is a catch up day!	16 wipe down the kitchen cabinets and pantry	17 clean out your automobile	18 Today is a catch up day!	19 wipe down all your kitchen chairs	20 vacuum the insides of your sofas and chairs	21 Today is a catch up day!
22 clean your oven	23 clean toaster, coffee maker, & kitchen appliances	24 Today is a catch up day!	25 wipe down baseboards in your kitchen and bathroom	26 dust all ceiling fans and light fixtures	27 Today is a catch up day!	28 clean your refrigerator and microwave
29 wash out your trash can	30 Today is a catch up day!	31 Today is a free day! Enjoy!				

Weekly Cleaning Tasks

Monday: washing laundry and changing your bed linen and bathroom towels

Tuesday: vacuuming, dusting, and cleaning your bathroom

Wednesday: laundry, cleaning windows, and wiping down door knobs and light switches

Thursday: watering plants, vacuuming and menu planning

Friday: laundry and mopping

July's Decluttering Challenge Checklist - Living Room, Family Room, Den, and Hallways

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| * Clean out hall closets and linen closets. | * Clean doors including door knobs, molding, and trim. |
| * Clean laundry room. | * Spot clean walls of any marks, scuffs, or handprints. |
| * Wash window treatments. | * Sweep ceilings for any dust or cobwebs. |
| * Clean windows. | * Clean air vents. |
| * Clean china cabinet, bookshelves, and desk. | |